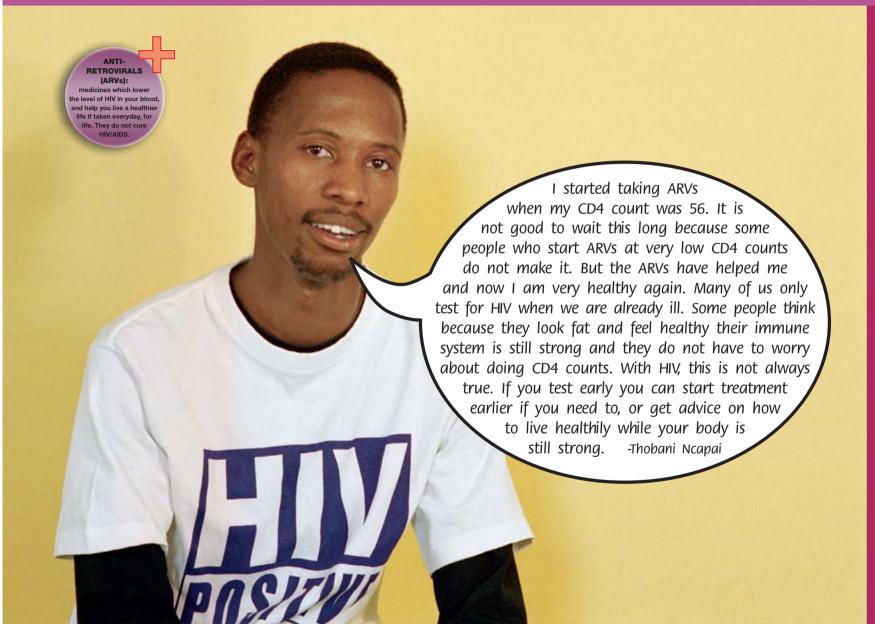
BLOOD TESTS: CD4 COUNT & VIRAL LOAD

A CD4 Count of less than 200 means an increased risk of getting serious Opportunistic Illnesses. It is time to consider your option to start ARV treatment.



CD4 COUNT measures the strength of your immune system.

VIRAL LOAD shows how much HIV is in your blood. Both the viral load and CD4 count tests will be done before you start and while you are on treatment to check if the ARVs are still working for you.

Depending which ARV combination

you take, Full Blood Count (FBC), ALT and other tests might also be done regularly.

Plan personal. It is your right to ask your clinic or hospital for a CD4 count or be referred to a place that can do it for you. Do not wait until you feel ill to test if your immune system is healthy.



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WESTERN CAPE: 021-447 2593/5/8

Plan for Life: Get Tested - Get Treatment - Use Condoms