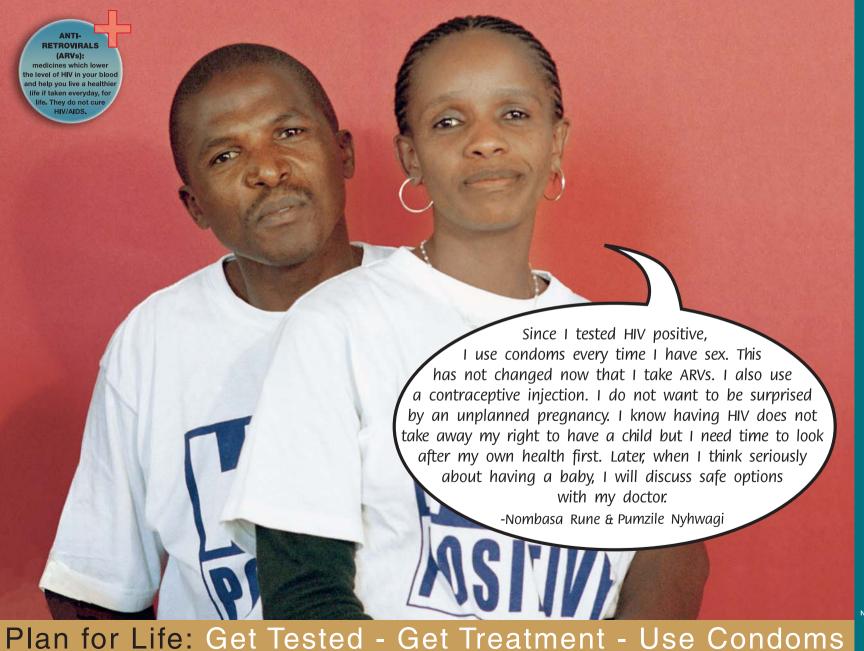
SEXUAL HEALTH, HIV AND ARVS

Even if you are married or have a single, steady partner, you can get HIV. HIV positive partners can re-infect each other with other forms of HIV.



Using condoms at all

times and avoiding exchange of fluids (through injecting drug use, etc.) can prevent most sexually transmitted infections (STIs), Hepatitis B and C, re-infection with different forms of HIV, and infection with the virus causing Kaposi's Sarcoma.

If your partner is taking ARV treatment and you are not, he/she can infect you with a form of HIV that might be resistant to some of the ARV medicines. This could mean the medicines might not work for you if you start to use them.

Male and female

Condoms should be available in all public places. Most people cannot easily get to clinics to fetch condoms.

Every sexually active

PETSON attending a Family Planning, STI/TB, HIV or other clinic must be given sexual health counseling, condoms and offered an HIV test. All health centers - not just VCT centers - must be prepared to offer these services. That way people will see sexual health and HIV testing as something normal and not something you only think about when you have an STI or are ill.



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