

# EQUAL treatment

ULuhlu Iwama-25  
/Aprili 2008

Magazine of the Treatment Action Campaign

Xhosa

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I-TAC izibophelele ekunikeni abantu abane-HIV, iintsapho zabo abaniki khathalelo ulwazi oluchanekileyo olumalunga namayeza asindisa ubomi kanye nonyango. Nakuba, i-TAC kanye neenkokheli zayo bezimele kwishishini loxubo-mayeza kwaye ungekho umdla wezimali abanayo kuyo.

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## ULwamkelo IwaseMzantsi Afrika?

Ilungelo kubomi kanye nesidima sisiseko soMgaqo-siseko woMzantsi Afrika. UMgaqo-siseko uqinisekisa ilungelo lomntu wonke lokufikelela kukhathalelo lwempilo.

eMzantsi Afrika abantu abaye bafudukela apha bevela kwamanye amazwe bayalalelwia ilungelo labo lobuntu kanye neenkululelo. Bahlala ekungakhuselekini okusisigxina kwaye banyamezela ubundlobongela kanye nokubanjwa okungekho mthethweni. Abanalo ufikelelo olwaneleyo kukhathalelo lwempilo okanye kwinkxaso yasekuhlaleni. Kuluntu lwethu behlelwa kukungathandwa kuba bengabkwamanye amazwe (xenophobia) nocalulo.

Ubunzima kwezelopitiki nezoqoqosho eZimbabwe buyaqhuba busiba mandundu. Ngexa abantu eZimbabwe belamba kwaye engakhuselekanga ekuphathweni gadalala nasekoikisweni, uMongameli Mbeki ukhethe ukuhlala ethule. Usilele ekuthetheni aphendule ngokuchasene norhulumente ophethe onke amandla kaRobert Mugabe. Njengoko ibisiya kushicilelo i-Equal Treatment, iziphumo zonyulo IwaseZimbabwe obelungakhululekanga nobelungafanelekanga zisahleli zingacacanga.

Mihla le abantu bayabaleka eZimbabwe besiya kumazwe angabamelwana afana noMzantsi Afrika. Okungenani sisigidi sabemi baseZimbabwe esizama ukuphila apha. Urhulumente wethu uyasilela kwimfanelo yakhe yokukhusela amalungelo abafuduki, nokuba bavela eZimbabwe, Congo, Somalia, Mocambique okanye kwamanye amazwe ase-Afrika.

Siyile olu luhlu lukhethekileyo ngabafuduki, ingakumbi abavela eZimbabwe, kuba singeke sihlale sithule ngexa inkohlakalo iqhuba eZimbabwe kwaye ngexa abemi bamazwe angaphandle eMzantsi Afrika bewalelwia amalungelo abo oluntu asisiseko.

ISayinwe:

Regis Mtutu  
UmQuquzeleli kaZweloneka we-TAC nongumi waseZimbabwe

## Ukufika

[Ngu-Adam Malapa no-Jessica Kiddle

Amawaka abami abavela ngaphandle ayafika eMzantsi Afrika nyanga nganye. Abo baneencwadana zokundwendela namaxwebhu achanekileyo bangena ngokusemthethweni kwiindawo zemida ezimiselweyo. Ngaphandle kwala maxwebhu abaninzi bakhetha ukunqumla ngokungekho mthethweni. Oku kunokuquka ukuziminxisa bephumela kwiingcingo zomda, bephepha oonogada bemida, benyoba amagosa emida, okanye besinda kwimigewu enobundlobongela yemida.

Uninzi lwabafuduki ngoku abangena eMzantsi Afrika bavela eZimbabwe. Oku kwensiwa bubunzima bezopolitiko obulapho. Amanye amanani amakhulu kwakhona afikayo avela e-DRC, Somalia, Mocambique, Kenya nakwamanye amazwe ase-Afrika.

### Kodwa kutheni abantu abaninzi bezifaka engozini ngokunqumla ngokungekho mthethweni?

- Kunzima ukufumana amaxwebhu afanelekileyo eZimbabwe. Abemi baseZimbabwe abafuna ukuhlala kwaye basebenze eMzantsi Afrika kufuneka babe neencwadana zokundwendwela. Ngoku kunzima ukuzifumana ezi zinto eZimbabwe. I-ofisi egcina iirejista sele iyekile ukukhupha ezintsha. Kwabo baneencwadi zokundwendwela, ukufumana i-visa yokutyelela okanye yokusebenza kubiza kakhulu kwaye kuyinkqubo ende. Ikwafuna nokuba abafuduki ukuba bahlangabezana nemigangatho ethile njengeseti yezakhono ngqo okanye ube ubizelwe umsebenzi. Kubantu abaninzi, ukufumana umsebenzi eMzantsi Afrika xa befika yinto engaqondakaliyo.
- Kuyenzeka ukuba umntu angene emdeni ngokusemthethweni njengembacu. Umfuduki ngumntu, otshutshiswayo, okanye owoyika ukutshutshiswa elizweni lakhe. Ngabantu abanyanzelwayo ukuba bashiye amazwe abo okuzalwa. Phantsi komthetho wamazwe ngamazwe iimbacu zinokufika eMzantsi Afrika zize zifake izicelo zesimo sokuba ziimbacu (jonga **kwibhokisi ekwelinye iphepha**). Ekufikeni emdeni ummi wangaphandle kufuneka azise igosa lasemdeni ukuba uyimbacu.

NgokomThetho weeMbaci ka-1998, igosa lomda kufuneka limnike ke umntu lowo imvume ye 'Candelo lama-23' emvumela iintsuku ezili-14 zokuba afumane i-Ofisi yolwamkelo lweeMbaci. Abantu abayifumene ngempumelelo le mvume bafika emdeni nolwazi olululo lwenkqubo yokufakwa kwasicelo sobumbacu. Ayingomntu wonke obalekela eMzantsi Afrika ozaziyo iimfuneko zokufumana ubume bembacu. Okubalulekileyo, umThetho weeMbaci uyatsho ukuba abangene elizweni

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ngokungekho mthethweni basenokusifaka isicelo sobume beembacu kwii-Ofisi zoLwamkelo lweeMbaci engaphakathi.

- Abemi abaninzi baseZimbabwe baxela uloyiko lokunqumla umda ngeenkqubo eziseskweni. Bathathela ingqalelo ubukho bee-ahrente zokhuselo zaseZimbabwe ezinzima ukubathintela ekubeni banqumle. Kwicala IoMzantsi Afrika amagosa ahlala esala ukuba kungenwe kwaye afune ukunyotya.

Le miqobo inyusa ukuba nokwenzeka kokubaabantu banqumle ngokungekho mthethweni. Ukunqumla umda ngale ndlela kwenza ukuba bangakhuseleki ezingozini zobundlobongela obunokwenzeka emzimbeni kunye nangezesondo, ukuba abanye abantu babasebenzisele iimfuno zabo aba bantu kunye nokubanjwa ngokungekho mthethweni.

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**UmMi waseZimbabwe osemncinane, u-Phillip, uthetha malunga nokunqumla umda esiza eMzantsi Afrika**

"Ndaziva ndidiniwe kukuhlala ekhaya ndingenzi nto, ndandingenayo ingeniso kwaye kungekho apho ndingaya khona emva kokugqiba isikolo samabanga aphakamileyo. Umhlobo wam wayenolovo lokunqumla umda aze afumane ubomi obungcono eMzantsi Afrika. Kulapho ke ndacinga ngokuza nam ."

U-Phillip wanqumla ngo-2006. "NdandineeDola zase-Zimbabwe ezingama-10 000 kuphela kum," uyakhumbula. "Yandithatha yayokundibeka kumda we-Beitbridge. Ndema esangweni ndingazi ukuba ndiphume kanjani."

Kuba wayengenayo incwadana yokundwendwela wagqiba ekubeni awunqumle ngokungekho mthethweni umda. Yena nomhlobo wakhe bahamba begudla ucingo lomda de bafumana indawo abanokunqumla kuyo. Bayeke bahlaselwa ngamadoda amane awayimigewu yebhoda. "Babecinga ukuba sinemali kodwa sasingenanto. Babedanile baza bandihlabu esandleni." AMaguma-Gumas sisiteketiso esinikwa le migewu yomda ehamba igudla umda iseba izinto zabafuduki xa bengena ngokungekho mthethweni. Abafuduki bayatsho ukuba le migewu kaninzi inobundlobongela. Bakwaxele nobundlobongela obenziwa kubo obuvela emapoliseni, amagosa ezokufuduka kanye nomkhosi. U-Phillip uthi ngeke ayilibale le migewu yebhoda. Usaqhuba ewunqumla umda ngokungekho mthethweni. Uyabuyela eZimbabwe kaninzi kangangoko anako esisa imali nokuya kusapho lwakhe. Ingaba uyakoyika ukuhlatywa abethwe kwakhona kwibhoda? "Ewe," uyatsho, "kodwa ndifunde ukuphapha xa ndinqumla."

*\*Ayilo gama lakhe lokwenyani*

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**Kusetyenziswa amagama achanekileyo okuchaza abantu abavela kwamanye amazwe**  
Kolu hlelo sichtithe iiyure sizama ukwenza isigqibo ngeyona ndlela ichanekileyo yokuchaza  
abantu abavela kwamanye amazwe abahlala eMzantsi Afrika ngendlela engagwebiyo  
nehloniphayo. Zininzi iindlela ezimbi zokuchaza abemi bangaphandle. Siyathemba ke ukuba  
sizamile ukuziphepha ezo.

### **UMfuduki okanye umMi wangaPhandle**

Ngumntu ohlala ngaphandle kwelizwe lakowabo

### **UMfuduki ongabhaliswanga**

Ngumntu eMzantsi Afrika ongenawo amaxwebhu asemthethweni afunekayo ukuba umntu  
ahlale kwilizwe.

### **Imbacu**

Imbacu ngumntu onikwe isimo sobumbacu liSebe leMicimbi yezeKhaya kuba ubomi bomntu  
busengozini elizweni lakhe lokuzalwa. Abantu abasilungeleyo isimo sobumbacu kufuneka  
babonise ukuba abasakwazi ukubuyela emakhaya kuba bayatshutshisa, ngenxa yobuhlanga  
babo, inkolo okanye iinkolelo zabo zepolitiki.

### **UMfuni Ndawo yoKhuselo**

Ngumntu ofake isicelo sobume bobumbacu eMzantsi Afrika kodwa okwangoku  
esingekaggitywa isicelo sakhe. Abantu abaninzi eMzantsi Afrika ngabafuni bokhuselo kwaye  
kukho ulibaziseko olude kwiSebe leMicimbi yezeKhaya lokulungisa izicelo zesimo sobumbacu.  
Abafuni ndawo yokhuselo abalindele isigqibo ngobume babo banelungelo lokusebenza ,  
ukufunda kune nofikelelo kukhathalelo lwempilo.

AbaFuduki basiwa kumaZiko okuValela abaFuduki ukuba ngaba babhaqwe ngamapolisa okanye  
amagosa emfuduko bengenawo amaxwebhu afanelekileyo. Mabini amaziko ekuvalelwu kuwo  
eMzantsi Afrika. Elikhulu yiLindela. Igihutywa yinkampani yabucala ekuthiwa yiBosasa kwaye iphantsi  
kwegunya leSebe leMicimbi yezeKhaya. Kuye kwakho iintsolo kwiindaba zokuba yejombutho  
wamaNina e-ANC. Enye imi kufutshane nomda weZimbabwe eMusina. Nyanga nganye  
kuqikelwelwa ukuba ngama-20,000 abemi baseZimbabwe abuyiselwa emakhaya nyanga nagnye  
esuswa kula maziko.

Ukugxojwa okukhulu kwamalungelo oluntu kushicilelwu kula maziko. AmaZiko oValelo IwabaFuduki  
eMzantsi Afrika ayasilela ukuhambisa nemigangatho yamazwe ngamazwe okanye ukuhselo  
oluqinisekiswa nguMgaqo-siseko wethu kuqukwu namalungelo esidima, ubucala kune nofikelelo  
kwiinkonzo zomthetho.

IIndela lelona ziko likhulu lokuvalela abafuduki elizweni. Imi ngaphandle nje kwe-Johannesburg  
kwaye igcina umthamo wabanjwa ama kuma-4,000. Umfanekiso ongasezantsi wathathwa ngo-  
2001. Ukusukela ngoko bangaphantsi abantu abavalelwu khona kunakwiminyaka engaphambili

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kwaye ukufa kwabantu eluvalelwani kwehlile. Koko, kusekuninzi ekusafanelwe ukuba kwenziwe ukuliphucula iziko.

Amaziko ovalelo anokubanga ingozi zempilo kubafuduki. Amabanjwa axele ukuba awakhuselekanga ekuphathweni gadalala ngokusemzimbeni kunye nokoyikiswa okuvela kumagosa asejele, kukhuselo lwabucala kunye nakumagosa karhulumente. Ukugcwala ngokugqithisileyo kunye nokunqongophala kokungena komoya ngokwaneleyo into ebeka amabanjwa kwingozi yokosulelwa sisifo sephepha (TB). Ukutya kuyalambatha kwaye iimeko zokuhlala zimdaka. Ufikelelo rhoqo kukhathalelo lwempilo lwezifo umntu aphila nazo ezifana ne-HIV alukho kwaphela.

Amabanjwa athi awoneliseki ngumgangatho wokhathalelo kwikliniki yonyango yaseLindela. Izicelo zaho zonyango zihlala zisaliwa. Ukuba ngaba ibanjwa lizizela nezaho ii-antiretrovirals (ARVs) ikliniki iyazigcina. Ngenye indle alukho ufikelelo kwii-ARV okanye konyango lwe-TB. Abafuduki bagcinwe ukuya kuma konyaka eLindela kwezi meko. Isabe leMicimbi yezeKhaya neBosasa banemfanelo yokuqinisekisa ukuba la maziko ayahlangabezana nemigangatho yokuxhasa amalungelo oluntu.

Ekungqinelaneni noMgaqo-siseko, umThetho weMfuduko ubonelela ngokuba abantu kufuneka baziswe ngamalungelo abo ngexa bebanjiwe, kuqukwala nelungelo lokufikelela kwiinkonzo zomthetho ngolwimi abaluqondayo ukuba kuyenzeka. Ngokomthetho amabanjwa kufuneka agcinwe ubuninzi beentsuku ezingama-120, ezingama-90 zokugqibela ekufuneka ziqinisekiswe sisiqinisekiso esivela kwinkundla kamantyi.

Kunzima kumabanjwa ukufikelela kumelo lwezomthetho alufunayo. ELindela, ukuba ngaba anemali yokutsala umnxeba okanye umhlobo okanye ilungu losapho elivumayo, anokuqhagamshelana namaGqwetha amaLungelo oluNtu. Lo mbutho usebenza nabantu abaye babanjwa. Ngenye indlela, alukho uncedo lwezomthetho olunikwayo. Ukuba ngaba senziswe isiggibo sokubuyisela ekhaya ibanjwa aye anikwe amaphepha ngesiNgesi. Kukho iingxelo zokuba abantu baye baxeletwe into engeyonyani malunga nokuqlethwe kula maphepha okubuyisela ekhaya.

Ngaphakathi eLindela amabanjwa awazi ukuba abanjwe ixesha elingakanani na. Oku kubanga uxinzelelo olukhulu kwababinzi. Kwamanye amazwe, iinkundla zimisele ukuba ukuvalelwani kwabafuduki ixesha elingamiselwanga kuyinkohlakalo kwaye sisohlwayo esingaqhelekanga. Ngexa amanye amabanjwa aye abuyiselwe emakhaya msinyane nje emva kokuba efikile amanye sele begcinwe ukuya kutsho konyaka. Oku kungenzeka ngezizathu ezinini kuqukwala iziggibo ezenziwe Isabe leMicimbi yezeKhaya, okanye ngabamelisizwe bangaphandle besala ukwazisa abemi bamazwe abo.

Amagosa ayaboyikisa abantu kumaziko ekuvallelwani kuwo. Kukho nezikhalazo kwezi zibonelelo zokuphathwa gadalala ngokwasemzimbeni. ELindela, amagosa asebenzisa umsi okhalisa iinyembezi (tear gas canister) egumbini elinabantu abangama-60 aze avale ucango, aluvule emva kwemizuzu ethile kuphela kamva.

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Iziko lovalelo laseMusina limi ngakumda weZimbabwe. Lincinane kodwa iziko elixakekileyo elinamalunga nama-500 abantu abagcinwe apho ngalo naliphi na ixesha. Iqela elinkwe umsebenzi le-TAC latyelela iziko ngoMatshi 2008 ukuze lihlole iimeko zempilo zabantu ababuyiselwa emakhaya.

Iziko lilihulu elikhulu elohlulwe ngocingo lwesinyithi laba ngamacandelo amabini elamadoda kanye nelabasetyhini. Kwicala lamadoda, amadoda ahlala kwaye alala kumgangatho wesamente owawogqunywe ngenkunkuma kanye nezinambuzane. Lalnuka ilindle lomntu kakhulu. Ngaphandle kwakukho indlu yangasese enye ekwimeko embi ngokugqithisileyo. Kwakukho ukuba kungenzeka kugcwale ngokugqithiselo kanye nonqongophalo lokungena komoya kakuhle, oko ke kudala imo engqongileyo eyingozi yokusasazeka kwe-TB. Amabanjwa enza neentsolo zokuba ukutya akwanelanga. Akukho nembonakalo yalapho kuvela khona amanzi acocekileyo ngaphakathi kwiziko. Kwakungekho zixhobo zonyango kwindawo leyo. linqwelo zezigulane ziyanibiza kwizimo zengxakeko kodwa oku kuthatha imizuzu engama-45. Kukwabanjiwe nabantwana kweli ziko.

"Le ndawo yayimdaka kugcwele iimpukane kwindawo yonke ngokungathi kukho into efileyo. Into eyenziwa liSebe leMicimbi yeKhaya, amapolisa nomkhosi ayibobuntu." Watsho u-Eddy Marilele ongusekela Sihlalo we-TAC eLimpopo.

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## UKuwaMela eMgceni amaLungelo

Zine ii-Ofisi zolwaMkelo lweeMbaci eMzantsi Afrika ezisePitoli, eThekwini, eKapa naseBhayi. Eyesihlanu ese-Johannesburg mininzi iminyaka yavalwa. Amawaka abafuduki ngoku balinda ngaphandle kwala maziko bezama ukufaka izicelo zobume bobumbacu. Ngaphandle kwamaphepha, kunzima ukuhlala, ukusebenza kanye nokufikelela kukhathalelo Iwempiilo eMzantsi Afrika. Kunokuthatha iminyaka ukuze abantu balungiselelwwe izicelo zabo zobumbacu size samkelwe. Okwexeshana, iimbaci zinikwa iCandelo lama-22 leemvume zabaFuni Khuselo ekufuneka zivuselelwwe rhoqo, kaninzi qho kwiinyanga ezintathu.

EKapa, kubonwa inani elincinane kumawaka abantu abeme emgceni suku ngalunye. Kukho intsilelo enkulu yabantu abalindele ukwenza izicelo zabo zobume bobumbacu. Isimo siye senziwa mandundu ngamagosa afuna ukunyotywa ngabo basemva emgceni abafuna ukuba phambili.

"Umthetho ucingela ukuba abantu bayakuba nako ukufaka izicelo zabo kwiintsuku ezili-14 ezisemva kokufika eMzantsi Afrika, kodwa abanye abantu babe besemgceni inyanga enesiqingatha," utshilo u-Braam Hanekom, usihlalo we-PASSOP, UMBUTHO OZIMELEYO obujonga imigca yokufaka izicelo kweembacu. "Abalungiselelwwe liSebe leMicimbi yezeKhaya. Bahlala kwiimeko ezothusayo kwaye bacele okanye bavumbulule imigqomo yenkunkuma ukuze batye. Oko bekwenza kuba befuna ukugcwalisa iifom zobume bobumbacu."

Kaninzi kubakho amawaka abafuduki emigceni abafuna ukufumana i-Ofisi yoLwamkelo lweeMbaci eKapa. Le migca iquka abasetyhini abakhulewyo, abantwana nabantu asele begugile. Kuye kufuneke ukuba balale epavumenteni. Akukho khuselo okanye indawo yokufaka intloko. Luncinane ufikelelo kumanzi acocekileyo nakwizindlu zangasese. Ngaphandle koluhlu lokulindela olubhaliwego olwensiwe ziimbaci eKapa kanye nendlela abantu bamazwe athile abohlukaneyo ababonwa ngeentsuku ezahlukaneyo, uninzi lwabo lunoloyiko lukuphulukana neendawo zabo emgceni ukuba bayahamba. Abaninzi boyika ukubanjwa ukuba bayahamba

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kuba bengenawo amaxwebhu okwangoku. Abanye ngokulula nje ayikho enye indawo abanokuya kuyo. Bengakhuselekanga kwizinto ezibajikelezileyo kwaye beshiywe zingekho ezogutulyo ezaneleyo abanye baye bachatshazelwe kukugula kodwa babe besoyika ukushiya imigca bayokufuna ukhathalelo lonyango. Abo nabanezifo baphila nazo, baquka abane-HIV, banethuba elincinane lokufikelela kunya.

U-David, onama-54 eminyaka ongummi waseZimbabwe obelinde emgceni uxelele *i-Equal Treatment* ukuba wathengisa imoto yakhe xa wayehamba eHarare kodwa ngoku iphelile imali yakhe. Ufuna ukufumana imvume yokuba nguMfuni Khuselo ukuze abe nako ukusebenza ngokusemthethweni. Ufuna ukufumana umsebenzi msinyane kangangoko eMzantsi Afrika ukuze abe nako ukuthumela imali ekhaya kubantwana bakhe. "Njengotata, kufuneka ibe khona into endiyenzayo."

Ikomiti ejongene nemicimbi yesube yasepalamente yeMicimbi yeKhaya iye yathatha amanyathelo kulo mcimbi eKapa. Ngoku sekukho izindlu zangasese ezininzi kunye neempompo zamanzi. Kwakhona iye yanyusa imigangatho yesitafu kwaye yazibophelela ekubeni kubonwa abantu abangama-300 ngosuku. Ngaphandle koku kuzibophelela, i-PASSOP iqikelela ukuba kuphela li-100 labantu abancedwayo yonke imihla.

Bakube beboniwe lisebe leMicimbi yeKhaya, abafuni khuselo kaninzi banikwa iimvume zenyanga ezi- 3 ukuya kwezi-6 ekufuneka zivuselelw. Zibavumela ukuba basebenze kwaye bahlale eMzantsi Afrika. Ukufumana ubume bobumbacu kunokuthatha iinyanga ezininzi kwaye ezininzi zinokwaliwa. Kuqikelelo lwezeloko zobumbacu ezingama-200,000 ezingeniswe phakathi kuka-2000 no- 2006 kuphela ngama- 30,200 ezicelo ezafumana ubume bobumbacu. Abantu abaninzi basalindele iziphumo zezeloko zabo. Njengoko urhulumente ngokusesikweni engekayithathi iZimbabwe njengelizwe elinobunzima bezopolitiko, ubume bobumbacu kunzima kakhulu ukuba bufunyanwe ngabemi baseZimbabwe kunabantu abavela kwamanye amazwe.

Imithombo: AmaGqwetha amaLungelo oluNtu (Lawyers for Human Rights), uManyano IwamaZwe ngamaZwe lamaLungelo oluNtu (Federation of International Human Rights), i-TAC, iNtlango yamaQumru yeeMbaci kunye nabaFuduki eMzantsi Afrika (Consortium for Refugees and Migrants in South Africa) (CoRMSA), iProjekithi yomThetho ye-Aids (Aids Law Project), uMkomishinala oPhezulu weZizwe eziManyeneyo weeMbaci (United Nations High Commissioner for Refugees) (UNHCR) kunye nabaJonge amaLungelo oluNtu (Human Rights Watch)

Xhosa

## UNyango luPhazanyisiwe...

*I-Equal Treatment ithethe nowasetyhini waseZimbabwe e-Johannesburg owalelwayo ufilelelo konyango lwe-antiretroviral.*

U-Edwick Nyamhungu oneminyaka engama-34, ngokuzalwa waseZimbabwe, sele ehleli iminyaka eli-16 eMzantsi Afrika. Wafunda ukuthetha isiZulu kakuhle nje. Emva kokuba kufunyaniswe ngoxilongo ukuba u-Edwick une-TB wakhetha ukwenza uvavanyo lwe-HIV. Kwafumaniseka ukuba unayo ngoSeptemba ka- 2007 nesibalo se-CD4 esingama-42. Emva kovavanyo lwakhe waye wathunyelwa kwisiBhelle i-Johannesburg General. Isitafu sasesibhelle ngokungekho mthethweni sala ukumnika unyango lwe-antiretroviral kuba wayavela ngaphandle kwelizwe kwaye engenawo amaxwebhu obumi.

Abemi bangaphandle abangenako ukuhlawula banelungelo lokufikelela konyango lwasimahla olubanzi lwe-HIV, ukhathalelo kanye nenkxaso. Awufuni nawaphi na amaxwebhu obufuni khuselo okanye obumbacu.

Ukuphazanyiswa konyango kuxa umntu otya ii-antiretrovirals eyeka ukuzithatha. Oku kunokwenzeka kuba umntu ekhetha ukuluyeka unyango okanye ngezizathu ezingaphaya kwamandla abo njengokuvalo kumaZiko okuValela abafuduki. Abanye abafuduki bafika eMzantsi Afrika kufuneke ukuba baluyeke unyango kuba unikezo lwe-antiretrovirals (ARVs) luhelile emazweni abo okuzalwa. Abanye abafuduki bayalalelo unyango kwicandelo likarhulumente.

Ukubambelela konyango lwe-antiretroviral kubaluleke kakhulu. Wakube uluqalile unyango kufuneka ungayeki. Kufuneka uzame kwakhona ukuwathatha amachiza ngqo ngendlela emiselweyo ngayo ngexesha elinye yonke imihla.

Ukuphazanyiswa konyango kunokuba neempembelelo zempilo ezimandundu. Umntu unokuvela utsaleko lwe-HIV exhathisayo kwii-ARVs zabo. Ukuxhathisa kwenzeka xa intsholongwane iguquka xa ivelisa kwakhona ukuze i-ARVs enye okanye ezingaphezulu zingabisakwazi ukusebenza ngokuchasene nazo.

Xhosa

## UkuFikelela kwiNkonzo zeMpilo

Abafuluki, abafuni lukhuselo, okanye abafuduki abangabhaliswanga banokufikelela kwiinkonzo zengxakeko nezisisiseko kwindlela yempilo karhulumente eMzantsi Afrika.

UMgaqo-siseko woMzantsi Afrika uqinisekisa wonke umntu ilungelo lokufikelela kwiinkonzo zokhathalelo lwempilo. Njengomfuni khuselo, imbacu, okanye umfuduki ongabhaliswanga awunakulalelwu unayngo Iwamayeza Iwengxakeko okanye iinkonzo ezisisiseko zempilo.

Abafuluki abaninzi bajongene nocalulo okanye ukwalelwu iinkonzo zempilo. Oku akukho mthethweni eMzantsi Afrika. Ukuba ngaba awunayo nayiphi na imali yokuhlawulela iinkozo zonyango zabucala unalo ilungelo lokufikelela kukhathalelo lonyango simahla kwicandelo likarhulumente.

UManyano IwamaZwe ngamaZwe wamaLungelo oluNtu uxele isehlo esigqithisileyo apho owasetyhini okhulelwu wase-Somalia walelwu ukhathalelo kuba kusithiwa ukubeleka, ngaphandle kokuba kunengxaki, akuweli phantsi kwengxakeko. Isibhedlele kwakhona saye salindela ukuba ahlawule imali eyongezelelekileyo erhafisa abemi bamanye amazwe, leyo kuba yena eyimbacu kwakungafuneki ukuba ayihlawule. Ngenxa yoko, waye wabelekela epavumenteni ngaphandle kwesibhedlele.

EMzantsi Afrika unelungelo lokubelekela umntwana wakho kwisibonelelo sikarhulumente kungekho nto uya kuyihlawula. Yiya kwikliniki ekufutshane nawe uyela unyango Iwaphambi kokubeleka. linkonzo ze-HIV/AIDS ziquka novavanyo lokuzithandela Iwe-HIV nokucetyiswa.

ISebe likaZwelonke lezeMpilo libhengeze ukuba abemi bangaphandle abane-HIV, nokuba isimo sabo somthetho sithini na kwaye apho kufanelekilyo ngonyango, banelungelo lokufikelela kumayeza ee-antiretrovirals ngaphandle kwentlawulo kuzo zombini unyango kanye nokuthintela ukusasazeka kwe-HIV esuka kumama isiya emntwaneni.

Owasetyhini ulinde kwii-ofisi zikaggirha eLindela. Umfanekiso ngu-Jodi Bieber.

## UkuPhelisa uCalulo kuluNtu IweThu

*Abafuluki abavela eZimbabwe kanye nakwamanye amazwe ase-Afrika bajongene nodlakathiso nocalulo kubemi basekhaya eMzantsi Afrika. Kwezinye ilokishi imigewu iyaboyikisa abafuduki, itshise amakhaya abo kwaye iphembelele ubundlobongela. Kuba besoyikela ubomi babo emva kohlaselo olunje yimigewu, abafuduki abangama-400 babefuna indawo yokhuselo esikolweni esikufutshane nesikhululo samapolisa ePitoli ngelo xesha i-Equal Treatment yayisiya kushicilela.*

Xhosa

## THINTELA UKUNGAFUNWA KWABEMI BAMANYE AMAZWE (XENOPHOBIA)!

Ilungu le-TAC uFaniswa Filani uthetha malunga nokulwela amalungelo abafuduki kuluntu lwakhe.

Ngomhla wama-23 Febuwari 2008, Mna, ongowasetyhini ongumXhosa, ndaya esikhululweni saseNyanga ndiyokukhwela itekisi esuka eNyanga eya eKapa. Ngethamsanqa ndafumana ibhasi esi- sprinter elayishaabantu abangama-23. Ebhasini phambi kwam kwakuhleli amadoda amabini aseZimbabwe. Kwakukwakho nowasetyhini owayehleli ecaleni kwam. Andazi ukuba kwaqala njani kodwa kwaye kwakho imbambano phakathi kwala madoda mabini kunye nalo wasetyhini. Laliwathuka. Ibhasi yayigcwele abemi boMzantsi Afrika. Bathi bakuva ukuba kukho imbambano zange bafune nokwazi ukuba ngubani onetyala. Baqala ke bathuka abemi baseZimbabwe. Ndabaxeleta ukuba bangathathi amacala okanye benzelele. Mabamamele iqela ngalinye kwaye bangaqali ngokuthuka. Mhlawumbi ke banokuyisombulula ingxaki. Ndabaxeleta ukuba wonke umntu unelungelo lokuthetha, mabangabacaluli abantu. Ndabaxeleta ukuba abafuduki kufuneka sibaphathe njengoobhuti noosisi bethu. Nathi ababantu bake basinceda kwenye indawo kwaye ngenye indlela. Abanye bethu banemisebenzi abayifumana kubo.

Mhlawumbi ngenye imini oonyana neentombi zenu bayakuze baye e Zimbabwe. Kuyakwenzekani ukuba bangena kwimeko efanayo, yintoni abaya kuyenza? Cingani ngayo.

Abemi baseZimbabwe behla ebhasini phambi kokuba sifike eKapa. Bonke abantu babendiqumbele ngento endiyithethileyo. Babefuna ukundibetha bathi mhlawumbi ndisebenzela bona okanye nditshatele kubo. Ndandinxibe isikipa endandisifumene kuqhankqalazo lwaseZimbabwe apho sasimele amalungelo abafuduki. Ndema ebhasini ndaze ndathi wonke umntu makajonge isikipa sam phambi kokuba bandihlasele. Ungazicingela ke ukuba ndathukwa njani ngumntu wonke ebhasini. Ndabaxeleta ukuba mabenze nantoni na abafuna ukuyenza kodwa andinakuyitshintsha ingqondo yam. Ndandilwela amalungelo oluntu kwaye ndiyakuhlala ndiwamela.

Safika eKapa. Sehla ebhasini ndabona ukuba bafuna ukundenzakalisa. Bandijonga ngathi bafuna ukundihlasela. Ndandime ecaleni kwebhasi kwaye ndabaxeleta ke ukuba bafuna ukundibetha bandibulale mabakwenze oko, kuba mna andinakoyikiswa. Ndabaxeleta kwakhona ukuba mabajonge isikipa sam. Isilogeni sasisithi :"Thintela ubungonyama bamaPolisa nokungafunwa kwabemi bamanye amazwe, Qhankqalazela ukuhlaselwa kwabafuduki".

Ekugqibeleni bathi "Hayi, hayi, ngeke sikwenza nto wena. Mhlawumbi oko kungasifaka enkathazweni". Ngabanye ngabanye baye bahamba iindlela zabo ezahlukeneyo.

U-Paula Chirundu \* yimbacu yowasetyhini yase-Zimbabwe eneminyaka engama-34 ephila ne-HIV. Umyeni wakhe wasweleka ngo-2007 ngoko ke uhlala nodade wabo e-Johannesburg. Unabantwana abathathu abasahlala e-Zimbabwe. U-Paula kwafunyaniswa ngoxilongo ukuba une-HIV ngoMeyi 2005 waze waqala ukuthatha ii-antiretrovirals (ARVs) esese-Zimbabwe.

# **EQUAL** treatment

**ULuhlu Iwama-25  
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U-Paula akanayo incwadana yokundwendwela. Wangena emdeni ngokungekho mthethweni. Waye wabanja ixeshana kamva waze wavalelwa kwiSikhululo samaPolisa i-Motswedi iiintsuku ezingama-20. Zaye zaphela ii-ARVs zakhe kwaye wayengakwazi ukufikelela kwezinye ejele. Emva kokukhululwa kwakhe, waya kwisibhedlele sase-Hillbrow e-Johannesburg eyokuzama ukufumana ezinye ii-ARVs. Bala ukumnika naziphi na kuba waye ngengowaseMzantsi Afrika. Waye wahlala ezinye iinyanga ezintathu ngaphandle kwee-ARVs de wabe uyaqala ukugula. Waya kwi-Central Methodist Church waze wathunyelwa nguBhishophu Paul Verein e-Nazareth House ukuba ayokunyangwa. Apha waye wabonwa ngugqirha. Isibalo sakhe se-CD4 sasingu-136. Waye waphinde waqalwa ngee-ARVs ngoku isibalo sakhe se-CD4 siyenuka. Usempilweni ngoku. Umceli mngeni wakhe omkhulu kukufumana ukutya okwaneleyo kuba akasebenzi ixesha elipheleleyo. U-Paula angathanda ukubuyela emva e-Zimbabwe ukuba isimo siba ngcono.